

Contents

Highgate Hospital services	
Welcome	3
Useful contacts	3
Why choose Highgate Hospital?	4
Our services	5
Facts and figures	6
Patient satisfaction survey results in 2020	7
Facilities at a glance	8
Accreditations and awards	10
Diagnostic and medical imaging	13
Physiotherapy	14

Referral and GP information	
Our high quality endoscopy service	16
NHS services at Highgate Hospital	18
Referring NHS patients to Highgate Hospital	20
Self-pay, private medical insurance, diagnostic and physiotherapy referrals	21
Free CPD events and training for GPs, medical and practice staff	22
Supporting the NHS during the coronavirus (Covid-19) pandemic	24

Consultant directory	
Audiology	28
Cardiology	28
Dermatology	29
Ear, Nose and Throat	30
Endocrinology	31
Gastroenterology	31
General practice	32
General and colorectal surgery	33
Geriatric medicine	35
Gynaecology	35
Neurology	36
Neurophysiology	36
Neurosurgery	37
Ophthalmology	37
Oral and maxillofacial surgery	37
Orthopaedics - Back and Spinal	37
Orthopaedics - Elbow, Hand and Wrist	38
Orthopaedics - Foot and Ankle	39
Orthopaedics - Hip	39
Orthopaedics - Knee	40
Orthopaedics - Shoulder	41
Pain management	42
Plastic and cosmetic surgery	43
Podiatry surgery	44
Psychology	45
Radiology	45
Respiratory medicine	48
Rheumatology	48
Sports medicine and sports injuries	48
Urology	48
Vascular surgery	49
Index of consultants	50

Welcome



Dear colleagues,

A warm welcome to the 2021-2022 edition of Highgate Hospital Referrers' Directory. This provides a comprehensive guide to our services, referral information and details about each of our consultants and specialists. I hope that you find this directory useful and informative.

At Highgate Hospital we are proud of our reputation, our staff and the quality of our healthcare. Our feedback in 2020 shows that patient satisfaction remains high. Over 99% of our patients rated the overall impression of their consultant as good, very good or excellent. Our aim is to offer patients the best possible healthcare in the most comfortable surroundings.

The pandemic has placed enormous strain on healthcare services across the country and London has been severely affected. On page 24 you can read about how we have shared resources, including hospital beds, clinical staff and essential equipment, with our local NHS hospital. We are proud to support the NHS and will continue to offer our help whenever needed.

On behalf of the Highgate Hospital team, we look forward to supporting you and your patients.

Donafras Magas

Douglas Watson Hospital Director

Useful contacts

Main switchboard and inpatient or outpatient appointments

- **T:** 020 8341 4182
- **E:** enquiries@highgatehospital.co.uk

NHS e-Referral team

- **T:** 020 8347 3864
- **E:** highgatecontracts.referral@nhs.net

Self-pay team

- **T:** 020 8341 4182
- E: selfplay@highgatehospital.co.uk

Diagnostic imaging service

- **T:** 020 8347 3866
- **E:** diagnostics@highgatehospital.co.uk

Physiotherapy

- **T:** 020 8341 4182 ext. 5032
- **E:** enquiries@highgatehospital.co.uk

Hospital Director

Douglas Watson

E: douglas.watson@highgatehospital.co.uk

Director of Nursing and Clinical Services

Sharon Mills

E: sharon.mills@highgatehospital.co.uk

Highgate Private Hospital

17-19 View Road Highgate London N6 4DJ

highgatehospital.co.uk

Why choose Highgate Hospital?

At Highgate Hospital, we are committed to providing first-class independent healthcare for our patients.

We offer everything that you would expect from your local independent hospital. This includes outpatient clinics, imaging and diagnostics, and treatment and surgery for wide-ranging medical specialities. We are trusted partners offering your patients quick and easy access to clinical pathways.

Over 150 specialist consultants

We work with over 150 consultant doctors and other allied healthcare specialists in London. Many of them also have substantive roles in the NHS. All of our nurses are registered with the Nursing and Midwifery Council.

Referring patients to Highgate
Hospital for outpatient, inpatient
or day case treatment is easy.
Our team of experienced
healthcare professionals ensure
that your patients get the best
possible care and treatment.

Zero hospital-acquired infection

We have a track record of zero hospital-acquired MRSA or Clostridium difficile (C.diff) infection at Highgate Hospital.

Choosing Highgate Hospital for your patients' treatment

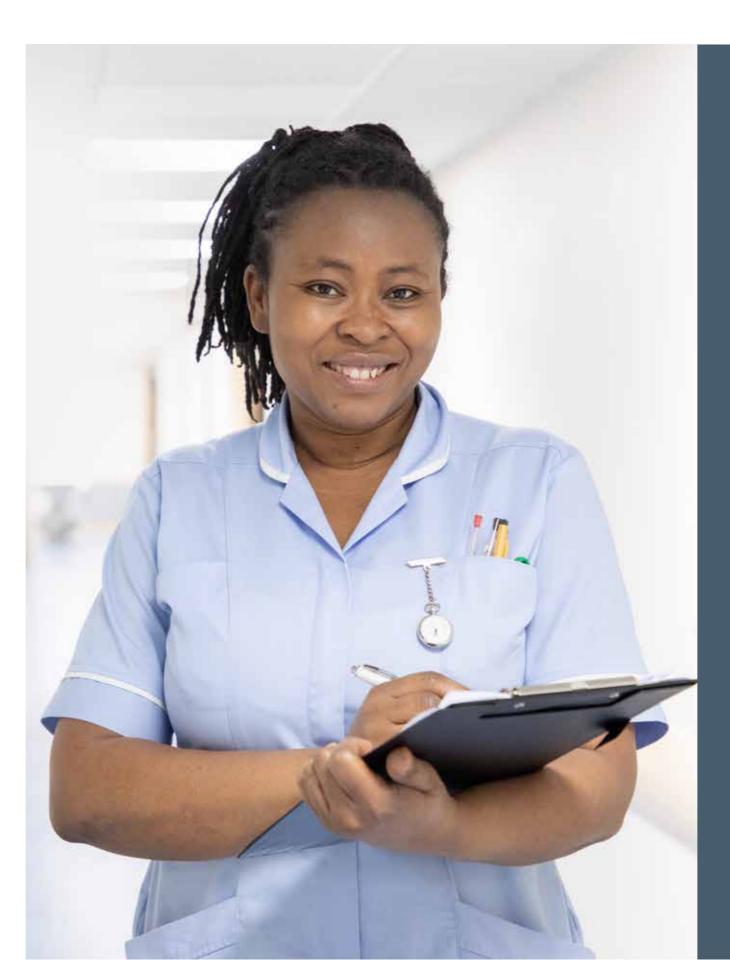
NHS funded: Highgate Hospital welcomes NHS patients who need treatment in the following specialities: Ear, nose and throat (ENT) services, endoscopy, general surgery, pain management, orthopaedics and podiatric surgery.

Insured: If your patients have private medical insurance, they should be covered to come to Highgate Hospital. We have agreements with most major health insurance companies, which allow patients to be treated at our hospital.

Self-funded: Your patients do not have to be insured to be treated at Highgate Hospital. We have all-inclusive price packages available for most medical procedures. This gives your patients the reassurance of knowing exactly how much their treatment costs in advance.

Our mission statement

Our mission is to provide first-class independent healthcare for the local community in a safe, comfortable and welcoming environment; one in which we would be happy to treat our own families.



Our services

At Highgate Hospital, we can care for patients from their initial consultation and diagnostic tests right through to surgical treatment and rehabilitation. We cover most medical specialities.

Our services include:

- Audiology
- Cardiology
- Dermatology
- Ear, nose and throat (ENT)
- Endocrinology
- Gastroenterology
- General and colorectal surgery
- Geriatric medicine
- Gynaecology
- Neurology
- Neurophysiology
- Neurosurgery
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopaedics
- Pain management
- Plastic and cosmetic surgery
- Podiatric surgery
- Psychology
- Radiology
- Respiratory medicine
- Rheumatology
- Sports medicine and sports injuries
- Urology
- Vascular surgery

Facts and figures



150+ Consultant experts



Outpatient consulting rooms



Registered beds



Operating theatres



Physiotherapy and sports centre



Diagnostics centre

One exceptional hospital

Patient satisfaction survey results in 2020

Our feedback in 2020 shows that patient satisfaction remains high. We are proud of our reputation, our staff and the quality of our healthcare at Highgate Hospital.



97% of our patients told us that the overall quality of their care was 'Good', 'Very Good' or 'Excellent'



99% of our patients told us that the overall impression of their consultant was 'Good', 'Very Good' or 'Excellent'

Doctify

Reviews on the healthcare review platform Doctify

Overall patient trust rating

Overall experience Wait time Cleanliness Friendliness





Facebook



Patient feedback in 2020

'Highgate Hospital is very good in my opinion. Everyone that works there is friendly and professional. I recommend it.'

'The hospital had clearly put measures in place to be COVID-secure, which was very reassuring.'

'A lovely clean hospital and beautiful surroundings. Lovely, friendly staff throughout the hospital.'

'Highgate Hospital is a great hospital with great facilities, very friendly and professional staff.'

'I have been here on several occasions for different treatments and every time I have been pleased with my visit. The hospital is clean, the staff friendly and waiting times have always been minimal.'

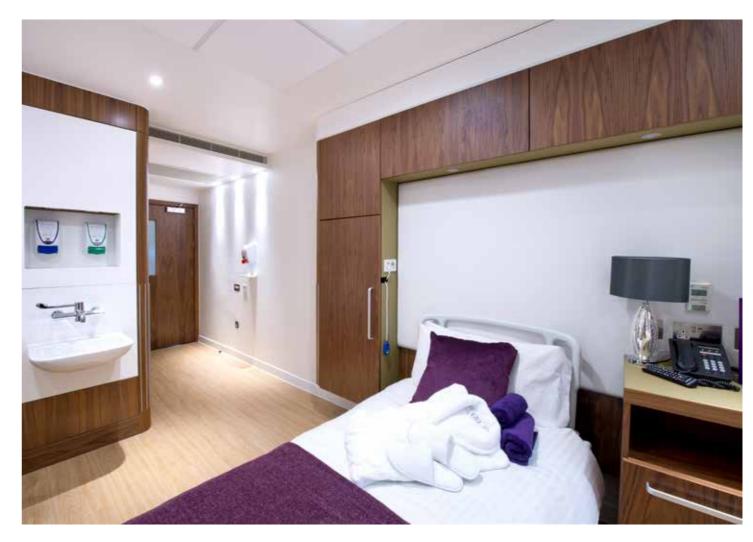




Facilities at a glance

- 11 consulting rooms
- 41 luxury en-suite bedrooms
- 4 theatres (2 with laminar flow)
- Recovery unit
- Onsite pharmacy
- Physiotherapy
- JAG accredited endoscopy suite
- Wide bore MRI scanner
- CT scanner
- Ultrasound
- Digital X-ray
- Fluoroscopy
- Minor operations suite
- Free onsite car parking







Accreditations and awards

Accreditations



Overall 'Good' - Care Quality Commission (CQC) rating

A team of CQC inspectors visited Highgate Hospital in December 2016. This was part of the CQC's ongoing inspection programme for independent acute hospitals. The CQC awarded us an overall rating of 'Good'.



AfPP for theatres

Highgate Hospital is accredited by the Association for Perioperative Practice (AfPP).



Joint Advisory Group (JAG) accreditation

Highgate Hospital's Endoscopy Unit has been awarded JAG (Joint Advisory Group on GI Endoscopy) accreditation. This prestigious accreditation is only awarded to endoscopy units that provide a high-quality service for patients.



WorldHost® business status

WorldHost is a nationally recognised badge of excellence for customer service. All staff at Highgate Hospital are trained to world host standards. The training covers hospitality, good first impressions, telephone manner and communication skills.



Food Standards Agency rating

The Food Standards Agency has inspected Highgate Hospital and awarded us a 5-star food hygiene rating.

Awards







UK Employee Experience Awards 2020

Highgate Hospital, as part of Aspen Healthcare, won double gold awards in the 'Delivering customer experience' and 'Employee training and development' categories.



UK Customer Experience Awards 2020

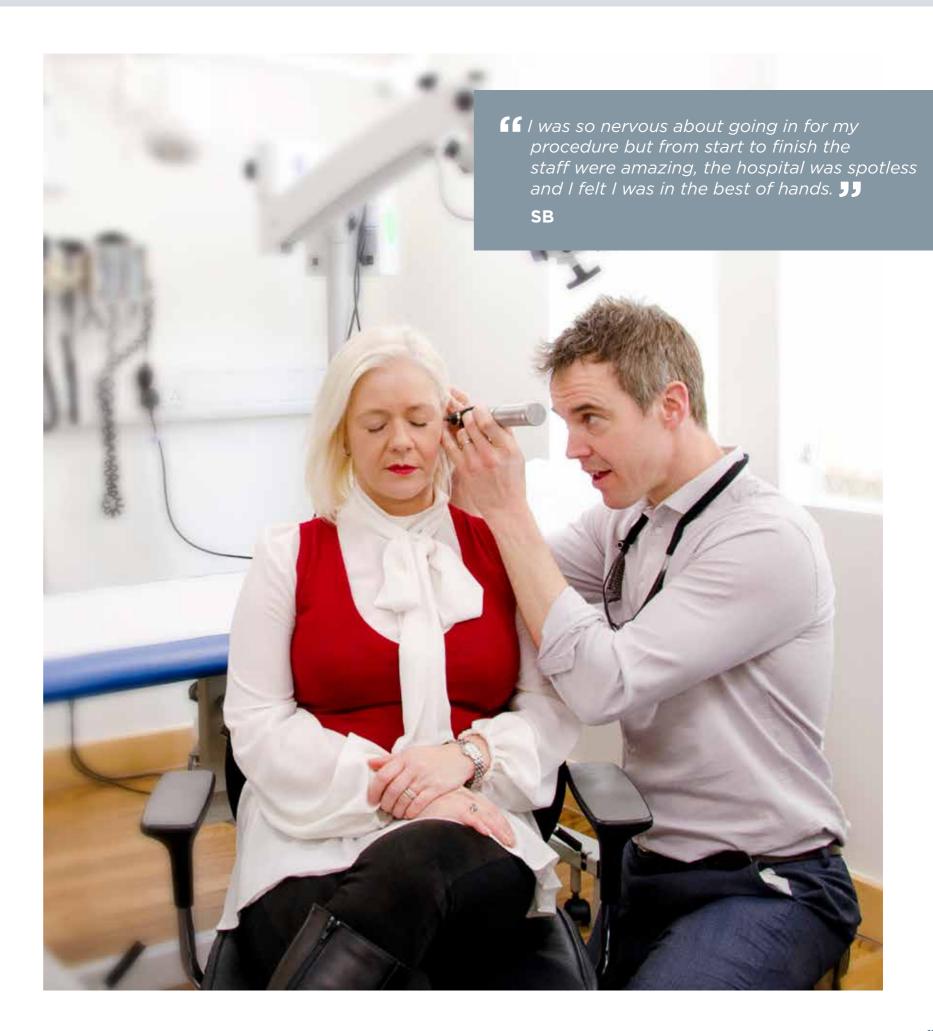
In 2020, Aspen Healthcare and Highgate Hospital won a gold award in the 'Customer experience in the crisis' category. This award recognises our response to the coronavirus pandemic.

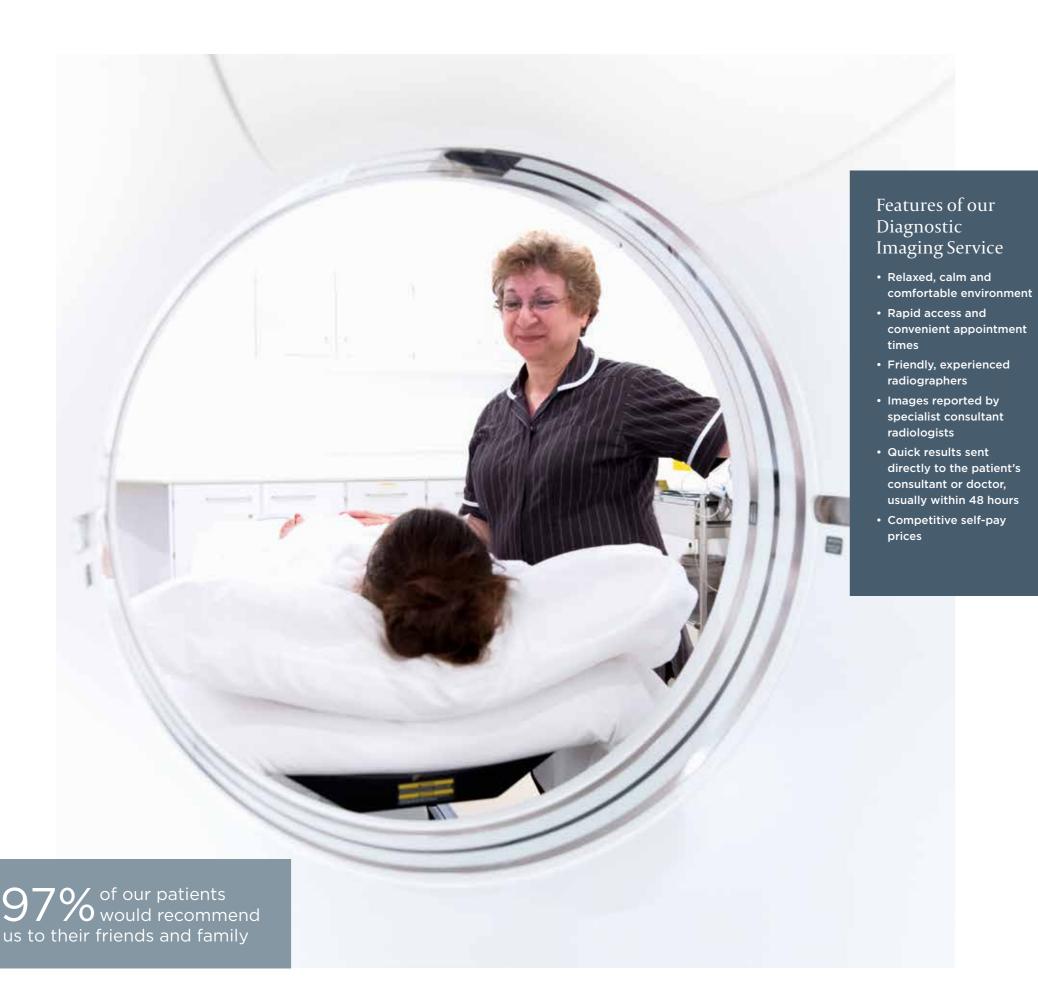




LaingBuisson Awards 2020

Highgate Hospital, as part of Aspen Healthcare, was a double finalist at the LaingBuisson Awards. These awards recognise and celebrate industry excellence and innovative services in the public, private and third sectors.





Diagnostic and medical imaging

Our Imaging Department is fully equipped with the latest imaging equipment, including:

- Digital X-ray
- Interventional radiology (to perform minimally invasive, Image-guided procedures)
- 1.5T Wide Bore MRI scanner
- CT scanner
- Ultrasound.

These scans offer patients the highest quality imaging, which is vital for rapid diagnosis and improved outcomes.

A quality service

Our department is made up of registered radiographers and consultant radiologists. We follow the guidelines produced by the Royal College of Radiologists and College of Radiographers.

We are registered and regulated by the Care Quality Commission (CQC) and accredited by all major insurers, including BUPA, AXA Health and WPA.

Our department uses a fully integrated, digital picture archiving and communication system (PACS). This viewing system allows consultants to see investigations instantly in their consulting room or at any terminal in the hospital.

Referrals and appointments

Highgate Hospital offers a walk-in service for standard X-rays and can offer appointments on the same day for routine ultrasound scans. Patients are offered the first available appointment for CT, MRI and other complex scans or can choose an appointment time that suits them.

Patients need a referral letter to access our Diagnostic Imaging Service. You can phone the Imaging Department on 020 8347 3866.

We also welcome enquiries through our confidential email service: diagnostics@highgatehospital.co.uk

Physiotherapy

Our experienced chartered physiotherapists use the latest techniques, exercise tips and medical advice to treat patients in a dedicated physiotherapy suite.

We treat patients of all ages, who have had surgery or are experiencing physical challenges caused by illness, accident or ageing. These include:

- back, neck and shoulder pain
- upper and lower limb conditions
- · sports injuries.

We recognise that everyone is different and tailor our services to the needs of each individual patient. For example, we offer:

- Prehabilitation: A complete assessment and treatment plan to maximise patients' physical condition and potential before an operation.
- Post-operative rehabilitation:
 A treatment programme to help patients recover after orthopaedic and other surgical procedures.

- Sports injury assessment and treatment: A detailed assessment and treatment plan for acute or chronic sports injuries.
- Workstation assessment:
 Practical advice and specialised stretching to treat posture and workstation-related problems, such as back and neck pain.
- Pilates: One-to-one Pilates sessions to improve patients' posture and core control while they recover from injury or chronic pain.

All our physiotherapists are members of the Chartered Society of Physiotherapy and registered with the Health and Care Professions Council (HCPC). They work closely with other specialists in the hospital and provide supportive physiotherapy care, where necessary.

For more information, please visit highgatehospital.co.uk/ physiotherapy

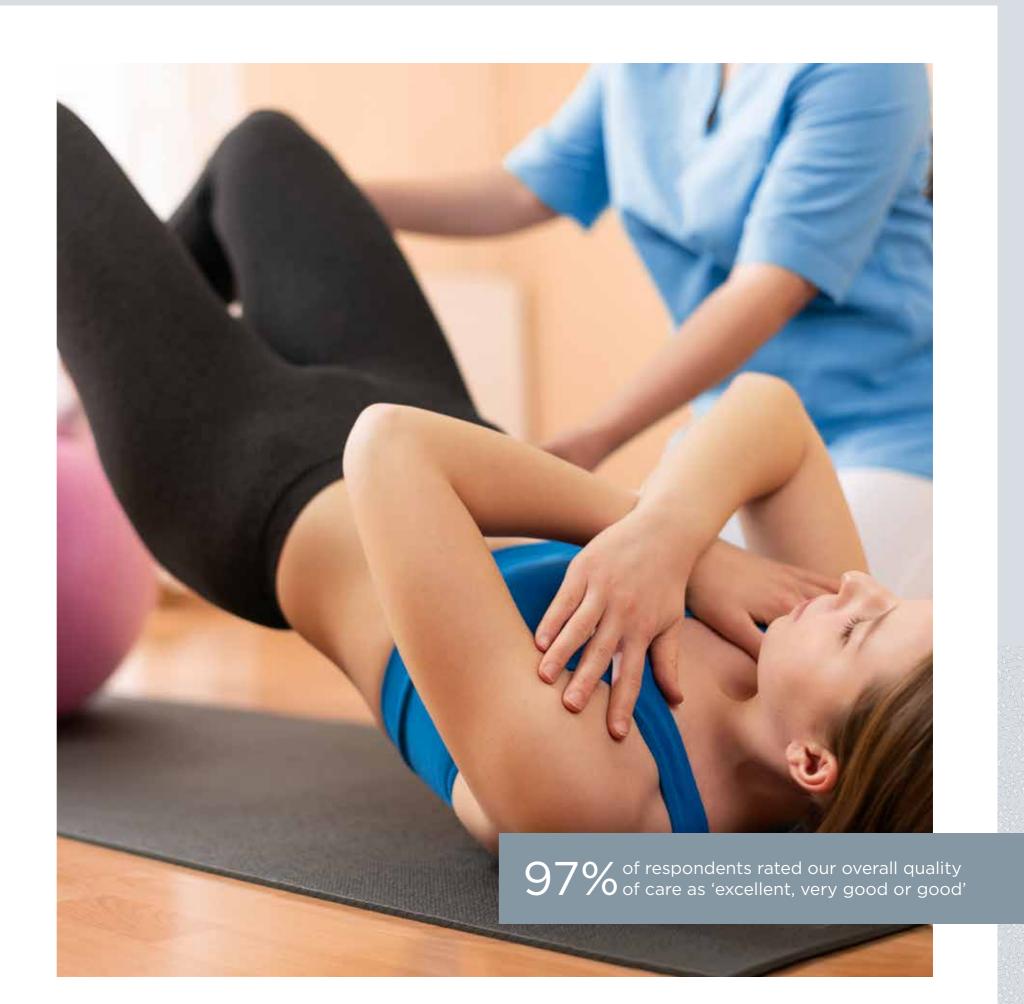
Referral information

Referring insured or self-funded patients to Highgate Hospital for physiotherapy is a simple process. You can:

- email enquiries@highgatehospital.co.uk
- phone us on **020 8347 4182**
- post your referral letter to: Physiotherapy Department, Highgate Private Hospital, 17-19 View Road, Highgate, London N6 4DJ

Patients who have private insurance or are self-funding can also refer themselves directly for physiotherapy. They can either:

- email enquiries@highgatehospital.co.uk
- phone us on **020 8347 4182**.



Our high quality endoscopy service

We are delighted to announce that Highgate Hospital's Endoscopy Unit has been awarded JAG (Joint Advisory Group on GI Endoscopy) accreditation. This prestigious accreditation is only awarded to endoscopy units that provide a high-quality service for patients. They must also show clear evidence of meeting all the JAG standards.

Our hospital provides a welcoming environment, with a self-contained endoscopy suite and procedure room. The Unit has dedicated endoscopy specialists and a highly experienced clinical and managerial team.

Various types of consultants perform endoscopies in our Unit, depending on the medical condition that is being investigated. We carry out most types of endoscopy, including gastroscopy, colonoscopy and flexible sigmoidoscopy.



JAG
Joint Advisory Group
on GI Endoscopy

Accreditation

Do you know we offer the following **NHS** services at Highgate Hospital?



NHS e-Referral Service

Highgate Hospital is part of the Aspen Healthcare Group. When you make a referral, you need to search for:

'Aspen Highgate Hospital'



Ear, nose and throat (ENT)

NHS e-Referral

Conditions treated:

- Ear problems
- Swallowing problems
- Thyroid problems
- Nasal blockages
- Sinusitis
- Allergic rhinitis
- Salivary gland problems
- Ear drum perforations
- Conductive hearing loss (age 59 or below)
- Tonsillitis

Procedures performed:

- Tonsillectomy
- Adenoidectomy
- Functional endoscopic sinus surgery (FESS)
- Nasal polypectomy
- Septorhinoplasty
- · Partial thyroidectomy
- Parotidectomy

General surgery

Direct access endoscopy

- · Flexible sigmoidoscopy
- Colonoscopy

JAG
Joint Advisory Group

Accreditation

NHS e-Referral

Conditions treated:

- · Inguinal hernia
- Umbilical hernia
- Lumps and bumps
- Lipoma
- Skin lesions
- Benign cysts
- · Cholecystitis
- Haemorrhoids

Procedures performed:

- Repair of inguinal and umbilical hernia
- Excision and biopsy of lumps and bumps
- Laparoscopic cholecystectomy
- · Anal fissure/fistula
- Haemorrhoidectomy

Pain management

NHS e-Referral

Conditions treated:

- · Acute back pain
- · Chronic pain
- Musculoskeletal pain
- Sciatica
- Neuropathic pain
- Spinal pain
- Fibromyalgia

Procedures performed:

- Spinal injections (epidural, facet joint)
- Sacroiliac joint injections
- Epidural injections
- Trigger point injections
- Denervation

Exclusions:

- Patients with conditions assessed as ASA Level 3 or 4
- Patients who require continuous positive airway pressure (CPAP)
- · Patients with BMI over 40
- Patients under the age 18

Orthopaedics

Conditions treated:

NHS e-Referral

Shoulder

- Shoulder pain
- Rotator cuff tear
- Osteoarthritis
- Tendonitis

Spine

• Back pain

Hand and Wrist

- Trigger finger
- · Dupuytren's contracture
- Ganglion
- Carpal tunnel syndrome

Hip

- Hip pain
- Osteoarthritis
- Bursitis

Knee

- Osteoarthritis
- Knee trauma

Foot and Ankle

- Ankle pain
- · Arthralgia of the ankle or foot
- Osteoarthritis
- Bunions/Hallux valgus

Procedures performed:

- Arthroscopy (shoulder, knee, ankle)
- Bunionectomy/Hallux valgus correction
- Excision of Morton's neuroma
- · Hip/Knee hemiarthroplasty
- Primary total hip/knee replacement
- Anterior cruciate ligament repair
- Trigger finger release
- Carpal tunnel decompression
- Excision of ganglion
- Subacromial decompression
- Rotator cuff repair
- Tendon repair
- Lumbar discectomy
- Lumbar decompression
- Facet joint injection
- Epidural injection

Podiatric surgery

NHS e-Referral

Conditions treated:

- Arthritis
- Foot painCapsulitis
- Bunion/Hallux valgus
- Tendon injury
- Osteotomy

Procedures performed:

- Bunion repair
- Excision of Morton's neuroma

I was honestly so blown away with the treatment I received, including the surgery, my aftercare and the results of the procedure. It is a phenomenal hospital and every person that played their part was completely outstanding!

Referring **NHS** patients to Highgate Hospital

At Highgate Hospital, we welcome NHS patients and aim to provide the best quality treatment. We can offer your patients fast and easy access to NHS pathways. Our hospital is easily accessible from Central London and we pride ourselves on high standards of care and a friendly atmosphere.

We currently offer these specialist services under the NHS Patient Choice scheme:

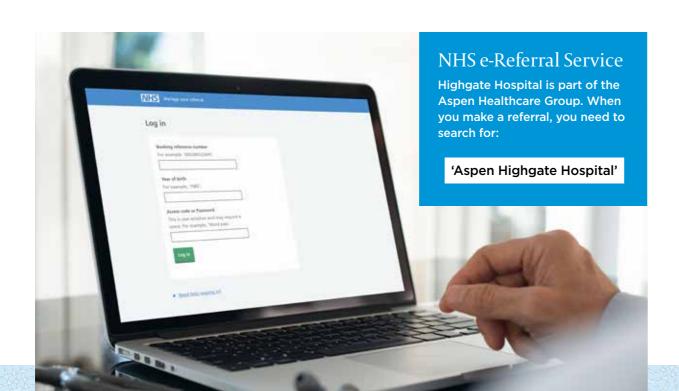
- Ear, nose and throat (ENT) services
- General surgery
- Pain management
- Orthopaedics (shoulder, spine, hand and wrist, hip, knee, foot and ankle, podiatric surgery)
- Direct access endoscopy (colonoscopy and flexible sigmoidoscopy services are available for Haringey, Barnet, Camden and Islington Clinical Commissioning Groups)

How to make an NHS e-Referral Service booking at Highgate

You can refer NHS patients to us and select the date and location of their appointment while they are at your GP practice. To book an appointment at Highgate Hospital, please select 'Aspen' and then choose 'Highgate' from the drop-down list. For more information, please visit digital.nhs.uk/services/e-referral-service

When you have created login details, your patients can also make an appointment with us themselves for the services under the NHS Patient Choice scheme. They can do this on the NHS e-Referral Service booking website at refer.nhs.uk/login

If you or your patients have any questions about NHS e-Referral at Highgate Hospital, please call **020 8347 3864** or email **highgatecontracts.referral@nhs.net**



Self-pay, private medical insurance, diagnostic and physiotherapy referrals

Self-pay referrals

All-inclusive price packages

Wherever possible, we offer self-funding patients an all-inclusive price package. This covers all treatment costs, such as the consultant's operating charges, anaesthetist's fees, hospital care and stay, and aftercare. This means that patients know exactly what they will pay before their treatment.

Making a self-pay referral

If you wish to refer a patient for private treatment, you can email a referral letter to highgatecontracts.referral@nhs.net

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation (GDPR). Please use the secure email address above and do not send the referral letter through our website.

Patients can find out more about selfpay, prices and appointments by visiting: www.highgatehospital.co.uk/selfpay Alternatively, they can speak to our friendly self-pay advisers by calling 020 8341 4182 or emailing selfpay@highgatehospital.co.uk

Private medical insurance referrals

Highgate Hospital is accredited by, and has direct settlement agreements with, most major private medical health insurance companies. This includes BUPA and AXA Health.

To refer a patient with private medical insurance, please email a referral letter to highgatecontracts.referral@nhs.net

Your patients should check with their private medical health insurance company before booking any treatment.



Diagnostic referrals

You can refer insured or self-funded patients for a wide range of diagnostic imaging, including X-ray, ultrasound, MRI and CT scans. To make a referral, you can:

- download a referral form from www.highgatehospital.co.uk/ referral-information and email this to diagnostics@highgatehospital.co.uk
- give the completed referral form to your patient and ask them to make their own appointment by calling 020 8347 3866.

You cannot refer NHS patients directly for diagnostic imaging at Highgate Hospital.

Physiotherapy referrals

To refer insured or self-funded patients for physiotherapy, you can:

- email enquiries@highgatehospital.co.uk
- phone us on **020 8347 4182**
- post your referral letter to:
 Physiotherapy Department, Highgate
 Private Hospital, 17-19 View Road,
 Highgate, London N6 4DJ

Patients who have private insurance or are self-funding can also refer themselves directly for physiotherapy. They can use the email address or phone number above.

Our free CPD events and training for GPs, medical and practice staff

We know that continuing professional development (CPD) is important. For this reason, we invest in running free CPD educational events on a range of clinical subjects. Due to the coronavirus (Covid-19) pandemic, we regret that we have been unable to offer our usual range of training and events in 2020-2021.

At present, we are considering new ways to deliver our CPD training and events. We will be in touch when we can offer you this service again. If you would like an update in the meantime, please email douglas.watson@highgatehospital.co.uk

As soon as possible, we hope to offer you and your practice:

Evening and weekend CPD education events

Our expert Highgate consultants can run evening and weekend educational events for GPs. We will issue a CPD certificate at the end.

CPD Breakfast Briefings, Lunch and Learn and Teatime Teaching

We have many expert consultant speakers with a wide range of clinical interests. They can visit local surgeries to deliver training or we can host your learning session at Highgate Hospital.

Each of our learning sessions lasts for up to one hour. It includes a buffet, a consultant's presentation and time for questions and answers. All practice and medical staff are welcome to attend and will get a CPD certificate.

Surgery with the surgeon

This is a unique opportunity to see a surgical procedure in theatre. You can visit an operating theatre at Highgate Hospital and observe an operation with an expert consultant surgeon. Most clinical areas will be covered. Daytime and evening sessions will be available and you will get a CPD certificate.

Training courses

We can offer funded training courses at Highgate Hospital with a buffet. Our training team have the knowledge and experience to deliver a course that meets your practice's needs.

Tours

If you would like to witness our patient experience first-hand, we can arrange a personal tour around our modern facilities.





Supporting the *NHS* during the coronavirus (Covid-19) pandemic

The coronavirus pandemic is the biggest challenge that the NHS has faced in history. We have united with the NHS to make more hospital beds, healthcare staff and life-saving equipment urgently available in our local community. Kate Hoffmann, our Group Chief Nurse and Head of Clinical Services, explains, 'Nothing gives us greater pride than to stand with our NHS family at this time of national emergency.'

Partnership working

In March 2020, NHS England announced an historic agreement with independent sector hospitals. Under the partnership, Highgate Hospital made its full capacity available to the NHS. We provided a safe healthcare environment for non-coronavirus patients with urgent needs. This helped to reduce the unprecedented strain on the NHS. We have continued to support the NHS in 2021 and will do so for however long they need our help.

Our hospital has been praised in a report published by the Independent Healthcare Providers Network. The report, 'Working together during the COVID-19 pandemic', highlights our effective working partnership with Whittington Health NHS Trust in North London.

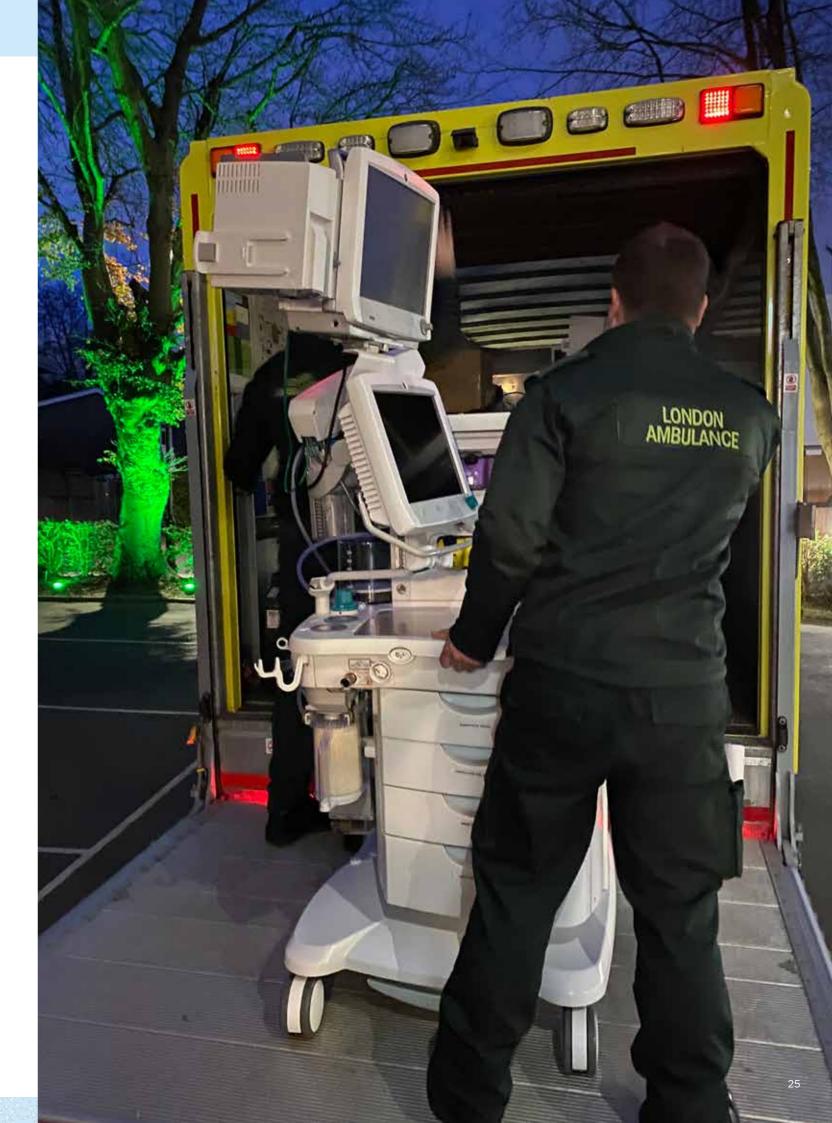
There are three main ways that we have worked closely with the NHS during the pandemic:

· Caring for NHS patients at Highgate: We quickly established efficient communication and IT links with the local Whittington Hospital. This enabled Whittington Hospital to book our 41 hospital beds on their Patient Administration System portal. As a result, we admitted NHS patients recovering from orthopaedic surgery. There were daily outpatient clinics at our hospital for NHS patients with weakened immune systems to receive biological therapy. We also set up regular clinics for NHS patients with Parkinson's disease and those who had suffered a fall.

- Caring for patients on NHS wards: We sent 30 clinical staff to be trained at Whittington Hospital and work on their busy wards. Our dedicated staff filled in for NHS shortages and cared for those in need, including frail elderly patients who tested positive for coronavirus. 50 of our staff also volunteered to work in the Nightingale Hospitals.
- Transferring essential equipment to the NHS:
 In April 2020, we loaned life-saving anaesthetic machines to Whittington Hospital. We also transferred seven Carescape monitors to them with the help of the British Army. These bedside monitors enable healthcare staff to observe critically ill patients continually and track the progress of those with coronavirus.

Douglas Watson, Hospital
Director at Highgate Hospital,
reflects, 'We have been working
incredibly hard alongside the
NHS to give patients the support
that they need at this critical
time. We know that London has
been particularly hard hit from
the coronavirus, and we remain
determined to help the health
service in whatever way we can.'







AUDIOLOGY



Mrs Loren Loeb BSA Parts 1 and 2, Certificate in Hearing Therapy Audiologist

Main NHS base: Private practice

Clinical interests: Diagnostic audiology, Neuro-otology, Hearing screening



Mrs Natalie Shnieder BSc (Logopaedics) Audiology and Speech and Language Therapy Clinical Audiologist and Hearing Aid Dispenser

Main NHS base: Private practice

Clinical interests: Diagnostic audiology, Adults and paediatrics (4 yrs+), Hearing assessments,

Glue ear testing, Dizziness, Balance disorders, Tinnitus, Hearing aids

CARDIOLOGY



Dr Rajiv Amersey MBBS, FRCP, MD

Consultant Cardiologist

Main NHS base: Barts Health NHS Trust

Clinical interests: General cardiology, Interventional cardiology, Chest pain assessment



Dr Richard Andrew Archbold MBBS, MD, FRCP

Consultant Cardiologist

Main NHS base: Barts Health NHS Trust (Barts Heart Centre, St Bartholomew's Hospital)

Clinical interests: Chest pain, Breathlessness, Palpitations, Hypertension, Coronary angiography, Stenting



Dr Graham Cole MA, BChir, MRCP, PhD

Consultant Cardiologist

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Cardiac MRI/CT, Echocardiography, Heart failure, Coronary artery disease, Myocarditis, Palpitations, Chest pain, Breathlessness, Ankle swelling, Cardiovascular risk, Perioperative risk stratification



Dr Oliver Guttmann MA (Hons), MBBS, MRCP, MD (Res), Dr med Consultant Cardiologist

Main NHS base: Barts Health NHS Trust

Clinical interests: Hypertension, Chest pain, Heart attacks, Heart failure, Palpitations, Rhythm problems, High cholesterol, Stenting, Heart muscle disease, Myocarditis, Hypertrophic cardiomyopathy



Dr Tim Lockie MB ChB, BSc (First Class Hons), PhD, MRCP, FESC Consultant Cardiologist

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Ischaemic heart disease, Chest pain, Angina, Myocardial infarction, Heart failure and revascularisation, Arrhythmia management, Syncope, Hypertension, Secondary prevention, Valve disease



Dr Sayan Sen BSc (Hons), MBBS, MRCP, PhD Consultant Cardiologist

Main NHS base: Imperial College Healthcare NHS Trust (Hammersmith Hospital)

Clinical interests: Hypertension, Chest pain, Heart attacks, TAVI, Palpitations, Atrial fibrillation, Pacemakers, Hypercholesterolaemia, Shortness of breath, Dizziness, Stenting



Dr Afzal Sohaib MBBS, BSc (Hons), MRCP (UK), ECES, PhD Consultant Cardiologist

Main NHS base: Barts Health NHS Trust and Barking, Havering and Redbridge University Hospitals NHS Trust

Clinical interests: Arrhythmia, Atrial fibrillation, Palpitations, Supraventricular Tachycardia (SVT), Syncope and blackouts, Pacemaker implantation, Defibrillator implantation (including biventricular pacemakers and defibrillators), Heart failure

DERMATOLOGY



Dr Ben Esdaile MBBS, BSc, FRCP (Derm)

Consultant Dermatologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: General dermatology, Skin surgery, Skin cancer, Mole checks, Dermoscopy



Dr Thivi Maruthappu MA (Oxon), MBBS, MRCP, PhD Consultant Dermatologist

Main NHS base: Royal London Hospital, Barts Health NHS Trust

Clinical interests: Holistic management of skin conditions including nutrition and lifestyle advice, eczema, psoriasis, mole checks, skin surgery, acne, rashes

DERMATOLOGY (CONT)



Dr Catherine Orteu MBBS, BSc, MD, FRCP

Consultant Dermatologist

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: General dermatology, Inflammatory and auto-immune skin diseases,

Mole checks, Skin surgery



Dr Anshoo Sahota BSc (Hons), MBBS, FRCP

Consultant Dermatologist

 $\textbf{Main NHS base:} \ \textbf{Barts Health NHS Trust (The Royal London and Whipps Cross}$

University Hospitals)

Clinical interests: General dermatology, Skin surgery, Skin cancer treatment,

Phototherapy, Hyperhidrosis



Dr Rachel Sidwell MB ChB, MRCP (Paeds), RCP

Consultant Dermatologist

 $\textbf{Main NHS base:} \ \textbf{West Hertfordshire Hospitals NHS Trust (Watford General and Hemel} \\$

Hempstead Hospitals)

Clinical interests: General dermatology, Skin lesions, Skin cancers, Skin surgery,

Vulval dermatology



Dr Kathy Taghipour MD (Res), MRCP

Consultant Dermatologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: General dermatology, Acne, Eczema, Psoriasis, Autoimmune blistering diseases, Female genital dermatology, Skin cancer diagnosis, Surgical/non-surgical

treatment, Dermoscopy

EAR, NOSE AND THROAT



Mr Ha Chau RCS, GMC, MPS, EAFPS

Consultant Ear, Nose and Throat (ENT) Surgeon

Main NHS base: The Princess Alexandra Hospital NHS Trust

Clinical interests: Sinus disease/surgery, Glue ear, Grommets, Myringoplasty, Tympanoplasty, Mastoidectomy, Pinnaplasty, Septoplasty, Rhinoplasty, Adenoidectomy, Tonsillectomy,

Palatoplasty, Obstructive sleep apnoea/Snoring, Voice and microlaryngoscopy



Mr Robert Nash BM BCh, BA (Oxon), MA (Oxon), FRCS (ORL-HNS), DO-HNS Consultant Ear, Nose and Throat (ENT) Surgeon

Main NHS base: Great Ormond Street Hospital for Children NHS Foundation Trust

Clinical interests: Otology - especially hearing loss and chronic infections, Paediatric ENT



Mr Ravinder Natt BSc (Immunology), MBBS, DO-HNS, FRCS (ORL-HNS)
Consultant Ear, Nose and Throat (ENT) Surgeon

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: All aspects of Ear, Nose and Throat conditions, Advanced sinonasal and

facial aesthetic surgery



Mr Premjit Randhawa MB ChB, DO-HNS, MSc (Allergy), FRCS (ORLHNS) Consultant Ear, Nose and Throat (ENT) Surgeon

Solisuitant Ear, Nose and Throat (ENT) Surgeon

Main NHS base: University College London Hospitals NHS Foundation Trust (Royal National Throat, Nose and Ear Hospital)

Clinical interests: Nasal obstruction, Nasal trauma, Rhinoplasty, Sinus surgery, Nasal polyps, Hayfever, Snoring, Facial lesion excision, Scar revision, Tonsillitis



Mr Paul Stimpson MB ChB (Hons), MSc, FRCS (ORL-HNS) Consultant Ear, Nose and Throat (ENT) Head and Neck Surgeon

Main NHS base: University College London Hospitals NHS Foundation Trust

Clinical interests: Neck lumps, Head and neck cancers, Thyroid conditions, Salivary diseases, Voice, Swallowing, Sinonasal pathology, Hearing and balance, Sore throat, Snoring



Mr Ananth Vijendren BM MRCS, MRCS (ENT), FRCS (ORL-HNS), PhD Consultant Ear, Nose and Throat (ENT) Surgeon

Main NHS base: East and North Hertfordshire NHS Trust

Clinical interests: Adult and paediatric ear-related diseases, Balance, Hearing reconstruction

or implantation

ENDOCRINOLOGY



 $\textbf{Dr Michela Rossi} \; \texttt{MBBS}, \; \texttt{PhD}, \; \texttt{FRCP} \\$

Consultant Endocrinologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Thyroid, adrenal and pituitary conditions, Hormonal disturbances: PCOS, Menopause, Hypogonadism, Osteoporosis/Osteopenia, Type 1 and Type 2 diabetes

GASTROENTEROLOGY



Dr Akeel Alisa BSc, MB BChir, MRCP (Gastro), MD (Res), FRCP Consultant Gastroenterologist and Hepatologist

Consultant Gastroenterologist and Repatologist

Main NHS base: Royal Free London NHS Foundation Trust, (Barnet and Chase Farm Hospitals)

Clinical interests: IBS, Food intolerance, Coeliac disease, Heartburn, Acid reflux, Abdominal pain, Changes in bowel habit, IBD, Weight loss, Nutrition, Endoscopy, Gastroscopy,

Colonoscopy, Flexible sigmoidoscopy



Dr Lakshmana Ayaru BSc, MBBS (Hons), FRCP, PhD

Consultant Gastroenterologist

Main NHS base: Imperial College Healthcare NHS Trust (Charing Cross and Hammersmith Hospitals)

Clinical interests: Endoscopy, Luminal gastroenterology, Hepatology



Dr Kalpesh Besherdas MBBS, MRCP, CCST, FRCP

Consultant Gastroenterologist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Abdominal pain, Indigestion, Reflux symptoms, Change in bowel habit, Anaemia, Bowel cancer screening, IBD, Capsule endoscopy, Gastroscopy, Colonoscopy, Polypectomy, Hepatology

etic surgery Polypectomy,

GASTROENTEROLOGY (CONT)



Dr Anthony Lerman BSc (Hons), MB BChir, MRCP Consultant Gastroenterologist and Physician

Main NHS base: Whittington Health NHS Trust

Clinical interests: Diarrhoea, Constipation, Rectal bleeding, Swallowing problems, Heartburn (reflux), Indigestion, Weight loss, Anaemia, IBS, IBD, Alcohol-related diseases, Gastroscopy, Colonoscopy, Flexible sigmoidoscopy



Dr Aymer Postgate MBBS (Hons), BSc (Hons), FRCP, MD

Consultant Gastroenterologist

For full details of our consultants and specialists, please visit highgatehospital.co.uk/consultants

Main NHS base: The Hillingdon Hospitals NHS Foundation Trust and Mount Vernon Hospital

Clinical interests: Abdominal pain, Heartburn, Regurgitation, Anorexia, Weight loss, Swallowing difficulty, Altered bowel habit, Nausea, Vomiting, Bloating, Abdominal distension, Rectal bleeding, Jaundice



Dr Deepak Suri BSc, MD, FRCP

Consultant Gastroenterologist and Hepatologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Dyspepsia, Reflux, Abdominal pain, Change in bowel habit, Rectal bleeding, Endoscopy, Colonoscopy, Hepatology, Fatty liver, Abnormal liver function tests



Dr Kwok Tang MD, FRCP

Consultant Gastroenterologist and Hepatologist

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: General gastroenterology, Advanced endoscopy, Liver disease, Pancreatobiliary disorders, IBS and IBD, Changes in bowel habit/abdominal pain, Bowel cancer screening



Dr Voi Shim Wong BSc, MB ChB, MD, FRCP Consultant Gastroenterologist and Hepatologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Food intolerance, Liver disease, Dyspepsia, Reflux diseases, Peptic ulcers, IBD, IBS, Diverticular disease, Bowel cancer screening, Colonoscopy, PEG Insertion

GENERAL PRACTICE



Dr Sanchita Sen MBBS

General Practitioner

Main NHS base: East Finchley Medical Practice

Clinical interests: Cardiovascular risk management, Management of stress and anxiety,

Weight loss, Diet and exercise, Paediatrics



Dr Rajiv Subbu BSc (Hons), MB BCh, MRCGP, MRCS

General Practitioner

Main NHS base: Private practice

Clinical interests: General medical practice, Sports medicine



Dr Sharezad Tang MB ChB, MRCGP, DRCOG, DFFP (DFSRH)

General Practitioner

Main NHS base: Private practice

Clinical interests: Primary care for adults and children, Women's health, Cardiovascular risk

management, Preventive medicine (health screenings and immunisations)

GENERAL AND COLORECTAL SURGERY



Mrs Sara Badvie MBBS (Hons), BSc (Hons), Master of Surgery (MS), FRCS (Gen Surg) Consultant Laparoscopic, General and Colorectal Surgeon

Main NHS base: Royal Free London NHS Foundation Trust and Imperial College Healthcare NHS Trust

Clinical interests: Rectal bleeding, Haemorrhoids (piles), Hernia repairs, Colonoscopy and polyps, Bowel symptoms, Anal fistula, fissures and proctology, Pilonidal sinus, Lipoma and cyst removal



Mr Chetan Bhan BSc, MBBS, MRCS, MSc, FRCS (Gen Surg) Consultant General and Colorectal Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Hernia surgery, Gallstones, Colorectal surgery for IBD, diverticular disease, proctology and pelvic floor disorders, Minimally invasive surgery including single incision laparoscopic surgery



Mr James Crinnion MB ChB, MD, FRCS Consultant General and Vascular Surgeon

Main NHS base: Barts Health NHS Trust (The Royal London and Whipps Cross

University Hospitals)

Clinical interests: General and vascular surgery, Varicose veins, Carotid, Aneurysm, Peripheral vascular disease, Laparoscopic cholecystectomy, Hernia, Lumps and bumps



Mr James Crosbie MB BCh BAO, LRCPSI, MD, FRCS

Consultant Colorectal Surgeon

Main NHS base: University College London Hospitals NHS Foundation Trust

Clinical interests: Colorectal surgery, Colorectal cancer, Colorectal screening, Colonoscopy, Anal fistula surgery, Anterior resection, Treatment/surgical intervention of haemorrhoids



Mr Shival Dindyal BSc (Hons), MBBS (Hons), MRCS (Edin), MRCS (Eng), FRCS (Eng), MD (Res) Consultant General and Vascular Surgeon

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust Clinical interests: Vascular surgery, Endovascular surgery and General surgery



Mr Panagiotis Drymousis MD, PhD Consultant General and Emergency Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Gallstones, Biliary problems, Dyspepsia, Hernia surgery

GENERAL AND COLORECTAL SURGERY (CONT)

(Northwick Park Hospital)

For full details of our consultants and specialists, please visit highgatehospital.co.uk/consultants



Prof. Nadey Hakim GCSJ, MD, PhD, FRCS, FRCSI, FACS, FICS (Hons), FASMBS, FIMSA (Hons) Consultant General Surgeon

Main NHS base: Imperial College Healthcare NHS Trust Clinical interests: General surgery and Bariatric surgery



Mr Syed Tahir Hussain MB, FRCS (Eng), MS (Lon) Consultant General and Vascular Surgeon

Main NHS base: London North West University Healthcare NHS Trust

Clinical interests: All vascular surgery including endovenous laser surgery for varicose veins, All hernia surgery, Skin lesions



Mr Nicholas Marshall MBBS, BSc, FRCS (Eng), FRCS (Ed), FRCS (Gen Surg) Consultant Upper GI and Laparoscopic Surgeon

Main NHS base: Barts Health NHS Trust (Newham University Hospital)

Clinical interests: Cholecystectomy for gallstones, General surgery, Gastro-oesophageal reflux disease, Endoscopy of the upper and lower GI tract, Laparoscopic treatment of hernias, Benign anorectal surgery



Mr Hasan Mukhtar BSc, MBBS, MRCS, MSc, FRCS (Gen Surg) Consultant General and Colorectal Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Rectal bleeding, Hernia, Gallstones, Laparoscopic surgery, Colonoscopy



Mr Austin Obichere MBBS, MD, FRCS Consultant General and Colorectal Surgeon

Main NHS base: University College London Hospitals NHS Foundation Trust

Clinical interests: Bowel cancer, screening and surgical treatment, General/laparoscopic colorectal surgery, Rectal bleeding



Miss Laura Spanu MBBS, MSc, FRCS eq. Consultant General Surgeon

Main NHS base: North Middlesex University Hospital NHS Trust

Clinical interests: Gallbladder surgery, Benign biliary disorders, Hernia repairs including laparoscopic and complex abdominal wall reconstruction, Haemorrhoids, Skin lesions, Lumps and bumps



Mr Niteen Tapuria MBBS, MS, MD, FRCS (Gen Surg) Consultant in Hepatopancreatobiliary and General Surgery

Main NHS base: Milton Keynes University Hospital NHS Foundation Trust

Clinical interests: Gallbladder surgery, Hernia surgery, Abdominal wall reconstruction, Laparoscopic abdominal surgery, Benign skin lesions and lumps, Haemorrhoids, Anal fissure and skin tags



Mr Stephen Warren BSc (Hons), MBBS, MS, FRCS (Gen Surg) Consultant General, Colorectal and Laparoscopic Surgeon

Main NHS base: Private practice

Clinical interests: Rectal bleeding and loose motion, Bowel cancer, Laparoscopic hernia and gallstones, Inflammatory bowel disease (IBD), Gastroscopy and colonoscopy, Abdominal pain, Irritable bowel syndrome (IBS)

GERIATRIC MEDICINE



Dr Daniel Epstein MB ChB, FRCP Consultant Physician and Geriatrician

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Geriatric medicine, General internal medicine, Stroke and transient ischaemic attack (TIA)



Dr Sam Qureshi MBBS, MRCP Consultant Physician and Geriatrician

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: General and Geriatric medicine, Stroke and transient ischaemic attack (TIA),

Complex co-morbidity

GYNAECOLOGY



Miss Shohreh Beski MD, MRCOG, LRCP, LMSSA, FRCOG Consultant Obstetrician and Gynaecologist

Main NHS base: Barts Health NHS Trust (The Royal London Hospital)

Clinical interests: Colposcopy, Fibroids, Pelvic pain, Endometriosis, Heavy periods, Polycystic ovaries



Ms Veronica Djapardy MA, BM BCh (Hons, Oxon), MRCOG Consultant Obstetrician and Gynaecologist

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinical interests: Minimal access/laparoscopic surgery, Gynaecology and obstetrics scanning, Menstrual disorder, Sexual health, Early pregnancy disorder



Miss Moneli Golara MBBS, FRCOG

Consultant Gynaecologist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet Hospital)

Clinical interests: Fibroids, Menstrual problems, Keyhole surgery, Contraception, HRT, Gynaecological problems



Miss Fani Kokka MRCOG, RCOG, BSCCP

Consultant Gynaecologist and Subspecialist in Gynaecological Oncology

Main NHS base: East Kent Hospitals University NHS Foundation Trust

Clinical interests: Ovarian, uterine, cervical, vulval and vaginal cancer, Gynaecological cancer and benign surgery, Colposcopy/Vulvoscopy, Cancer screening and prevention, Menstrual disorders

GYNAECOLOGY (CONT)



Mr Gidon Lieberman MB ChB, BSc, MD, MRCOG

Consultant Gynaecologist and Subspecialist in Reproductive Medicine and Surgery

Main NHS base: Whittington Health NHS Trust

For full details of our consultants and specialists, please visit highgatehospital.co.uk/consultants

Clinical interests: Sub-fertility, Full range of fertility treatments, Reproductive medicine and surgery, Menopause, Menstrual problems including fibroids, Ultrasound, Minimally invasive surgery



Mr Adam Rosenthal BSc (Hons), MBBS, PhD, FRCOG, CCT Consultant Gynaecologist

Main NHS base: University College London Hospitals NHS Foundation Trust

Clinical interests: Colposcopy, Gynaecological cancer screening, Laparoscopic and open surgery, Genetic testing, Vulval neoplasia, High-resolution anoscopy



Mr Luca Sabatini MD, MRCOG

Consultant Obstetrician and Gynaecologist

Main NHS base: Barts Health NHS Trust (The Royal London Hospital)

Clinical interests: Female and male fertility, Endometriosis, Fibroids, PCOS, Menstrual/Hormonal/Menopause disorders, Contraception, Early pregnancy, Recurrent miscarriage, Irregular/Heavy periods, Pelvic pain, Benign gynaecological surgery



NEUROLOGY

Prof. Jeremy Chataway MA, PhD, FRCP

Consultant Neurologist

Main NHS base: University College London Hospitals NHS Foundation Trust (National Hospital for Neurology and Neurosurgery)

Clinical interests: Headache, Stroke, Multiple Sclerosis



Dr Dominic Mort MBBS (Hons), MA (Oxon), FRCP, PhD

Consultant Neurologist

Main NHS base: Private practice

Clinical interests: General neurology, dizziness and blackouts, Headache and migraine,

Tingling and numbness, Seizures, Parkinson's disease, Dementia

NEUROPHYSIOLOGY



 $\textbf{Dr Thomas Alexander Tidswell} \ \texttt{PhD}, \ \texttt{FRCP}$

Consultant Clinical Neurophysiologist

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Peripheral nerve and muscle disorders, including carpal tunnel syndrome or ulnar neuropathy, Nerve compression at lumbar or cervical spine levels

NEUROSURGERY



Miss Mary Murphy MB BCh BAO, FRCS (SN), MD Consultant Neurosurgeon

Main NHS base: University College London Hospitals NHS Foundation Trust (National Hospital for Neurology and Neurosurgery)

Clinical interests: Back pain, Sciatica, Neck pain, Brachialgia, Degenerative spine, Peripheral nerve, Neurovascular problems, Brain tumours, Hydrocephalus, Cyber knife and gamma knife treatments



Mr John Yeh BA (Cantab), MB BChir, MA, MD, FRCS (Ed), FRCS Ed (Neuro Surg) Consultant Neurosurgeon and Spinal Surgeon

Main NHS base: Private practice

Clinical interests: Neck/back pain, Sciatica, Arm/leg pain, Trapped nerves, Slipped discs, Fractures, Kyphoplasty/Vertebroplasty, Spinal injections, Disc laser, Interspinous devices, Keyhole spinal surgery

OPHTHALMOLOGY



Mr Konal Saha BMedSci, BMBS, FRCOphth, PGCE Consultant Ophthalmologist and Oculoplastic Surgeon

Main NHS base: Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)

Clinical interests: General ophthalmology services with a special interest in functional and cosmetic eyelid surgery and lacrimal problems

ORAL AND MAXILLOFACIAL SURGERY



Mr Deepak Komath FRCS (OMFS), MRCS (Eng), FDS RCS (Eng), MDS, BDS, MB Consultant Oral and Maxillofacial Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Reconstructive surgery following trauma and cancer, Aesthetic facial surgery including face lifts, nose reshaping and eyelid rejuvenation, Skin cancer, jaw joint and salivary gland surgery

ORTHOPAEDICS - BACK AND SPINAL



Mr Mohamed Ahmed MB BS, Trauma and Orthopaedic Specialist Consultant Orthopaedic Spinal Surgeon

Main NHS base: The Princess Alexandra Hospital NHS Trust

Clinical interests: Endoscopic/Laser lumbar spine discectomy, Microdiscectomy, Spinal decompression, Cervical disc replacement, Cervical/Lumbar fusion, Kyphoplasty/Vertebroplasty, Spinal injections, Minimally invasive spinal surgery



Mr Rajiv Bajekal MCh (Orth), FRCS (Orth) Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Lower back pain, Disc problems, Spinal stenosis, Sciatica, Osteoporotic fractures of the spine, Kyphoplasty, Injections for back problems, Holistic approach to back problems

ORTHOPAEDICS - BACK AND SPINAL (CONT)



Mr Nitin Shetty MBBS, MS, MRCS (Ed), MSc (Dip), MPhil, FRCS (Orth) Consultant Orthopaedic Spinal Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Minimally invasive lumbar decompression and fixation, Microdiscectomy, Cervical decompression and fusion, Spinal injections, Vertebroplasty, Kyphoplasty, Fracture fixations, Spinal infection

ORTHOPAEDICS - ELBOW, HAND AND WRIST



Mr Matay Arsan MBBS, MSc, Dip Hand Surg, MD Consultant Orthopaedic Surgeon (Hand, Wrist and Elbow)

Main NHS base: Homerton University Hospital NHS Foundation Trust

Clinical interests: Carpal tunnel syndrome, Trigger finger, Hand/Wrist/Clavicle/Elbow fractures, Wrist arthroscopy, Degenerative disease/Rheumatoid arthritis of hand and wrist, Dupuytren's contracture, Chronic wrist pain



Mr Oreste Basso MD, MS (Lon), FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon (Hand, Wrist and Upper Limb)

Main NHS base: Whittington Health NHS Trust

Clinical interests: Hand contractures, Finger deformities, Painful thumb, Chronic wrist pain, Elbow pain, Carpal tunnel syndrome, Trigger finger, Hand wrist injuries



Mr Rupen Dattani BSc (Hons), MB BCh, MRCS, MD, FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust Clinical interests: Elbow fractures and surgery including arthroplasty



Mr Peter Domos MD, MRCS, FRCS (Tr & Orth)

Consultant Trauma and Orthopaedic Surgeon (Shoulder and Elbow Subspecialist)

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Full shoulder and elbow services for degenerative disorders, sport injuries and complex trauma, Arthroscopy (keyhole surgery), Open joint reconstruction and Joint replacement



Mr Omar Haddo MBBS, BSc, FRCS (Orth)

Consultant Orthopaedic Surgeon (Shoulder, Elbow, Hand and Wrist)

Main NHS base: Whittington Health NHS Trust

Clinical interests: Carpal tunnel syndrome, Dupuytren's contracture, De Quervain's tenosynovitis, Ganglions, Hand/Wrist arthritis, Olecranon bursitis, Tennis/Golfer's elbow, Trigger fingers, Ulnar nerve release, Wrist/Elbow arthroscopy



Mr Dimitrios Tsekes FRCS (Orth), FEBOT, MSc Consultant Orthopaedic Surgeon (Shoulder and Elbow)

Main NHS base: Basildon and Thurrock University Hospital NHS Foundation Trust

Clinical interests: Elbow, wrist and hand fractures and surgery, Elbow arthritis, Tennis/Golfer's elbow, Biceps injury, Carpal tunnel syndrome, Dupuytren's contracture, Trigger finger

ORTHOPAEDICS - FOOT AND ANKLE



Mr Suresh Chandrashekar MBBS, MS, FRCS (Ed) Consultant Orthopaedic Foot and Ankle Surgeon

Main NHS base: Homerton University Hospital NHS Foundation Trust

Clinical interests: Ankle/Foot deformities or sports injuries, Ankle tendon injuries, Cartilage regeneration, Flat foot and club foot surgery, Joint preservation/replacement surgery, Ligament repair/reconstruction



Mr Charalambos Charalambides MD, FRCS (Ed), FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Foot and ankle trauma and surgery, Management of chronic and acute conditions, Hip and knee problems, Knee arthroscopy, Management of trauma patients



Mr Pinak Ray MS, MCh (Orth), FRCS, FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Bunions and forefoot deformity, Ankle and knee surgery including

replacement, Foot and ankle arthritis surgery, Sports injuries, Trauma



Mr Muhammad Shahid MBBS, FRCS (Ed), MCh (Orth), FRCS Ed (Tr & Orth)

Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Chase Farm Hospital)

Clinical interests: Foot and ankle surgery, Primary lower limb arthroplasty,

Knee arthroscopy, Trauma

ORTHOPAEDICS - HIP



Mr Henry Atkinson MB ChB, BSc (Hons), MRCS, FRCS Ed (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: North Middlesex University Hospital NHS Trust

Clinical interests: Hip replacement surgery, Custom and patient-specific implants, Revision joint replacements, Allograft, Sports injuries of the lower limb, PRP, Shockwave therapy



Mr Matthew Hearth BSc, MBBS, FRCS (Ed), FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinical interests: Total hip replacement, Revision of previous hip replacement, Hip osteoarthritis



Mr Parag Jaiswal BSc 1998, MBBS 2001, FRCS (Tr & Orth), MD Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Hip pain/surgery, Hip arthroscopy with labral repair, Hip replacement (complex/revision), Sports injuries, Young adult hip pathology, Autologous stem cell therapy

ORTHOPAEDICS - HIP (CONT)



Mr Reza Jenabzadeh MBBS, BSc (Hons), MRCS (Eng), FRCS (Tr & Orth) Trauma and Orthopaedic Consultant

Main NHS base: North West Anglia NHS Foundation Trust

Clinical interests: Treatment of sports injuries and painful hip or knees with biologics/injections, arthroscopies or joint replacement and revisions



Mr Simon Mellor BSc (Hons), MB ChB, MPhil, FRCS (Orth) Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Hip replacements including anterior muscle-sparing minimally invasive hip replacement, Revision hip replacements



Mr Harold Nwaboku MBBS (Lon), FRCS (Ed), FRCS (Eng), FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: All knee and hip problems, Hip and knee arthroscopy and replacements, Sports injuries including ACL and meniscus, Patellofemoral problems and cartilage defects, Orthobiologics



Mr Joyti Saksena BMSc (Hons), MB ChB, MRCS, FRCS (Tr & Orth) Consultant Hip, Knee and Sports Surgeon Specialist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals) Clinical interests: Hip replacement (primary, complex primary and revision), Arthroscopic hip surgery

ORTHOPAEDICS - KNEE



Mr Matthew Hearth BSc, MBBS, FRCS (Ed), FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinical interests: Total knee replacement, Revision of previous knee replacement, Knee arthroscopy, Anterior cruciate ligament (ACL) reconstruction, Knee osteoarthritis



Mr Parag Jaiswal BSc 1998, MBBS 2001, FRCS (Tr & Orth), MD Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Knee injuries, Knee pain, Knee replacement, Sports injuries, Complex lower limb trauma, Knee arthroscopy, Autologous stem cell therapy



Mr Reza Jenabzadeh MBBS, BSc (Hons), MRCS (Eng), FRCS (Tr & Orth) Trauma and Orthopaedic Consultant

Main NHS base: North West Anglia NHS Foundation Trust

Clinical interests: Treatment of sports injuries and painful hip or knees with biologics/injections, arthroscopies or joint replacement and revisions



Mr Amer Khan BSc (Hons), MBBS, FRCS, FRCS Ed (Tr & Orth) Consultant Orthopaedic and Sports Surgeon

Main NHS base: Private practice

Clinical interests: Knee arthroscopy, ACL, MCL, PCL, Multi-ligament injuries, Revision ACL, Meniscus repair/transplant, Cartilage repair/replacement, Knee replacement, PRP injections, Shockwave therapy



Mr Simon Mellor BSc (Hons), MB ChB, MPhil, FRCS (Orth) Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Knee arthroscopic keyhole surgery, Kneecap surgery, Knee realignment osteotomies, Partial and total knee replacement surgery, Treatments for early arthritis including Platelet Rich Plasma injections



Mr Harold Nwaboku MBBS (Lon), FRCS (Ed), FRCS (Eng), FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: All knee and hip problems, Hip and knee arthroscopy and replacements, Sports injuries including ACL and meniscus, Patellofemoral problems and cartilage defects, Orthobiologics



Mr Joyti Saksena BMSc (Hons), MB ChB, MRCS, FRCS (Tr & Orth) Consultant Hip, Knee and Sports Surgeon Specialist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Joint preservation surgery (ACL, meniscal, cartilage reconstruction, PRP, nSTRIDE, scaffold, stem cells), Joint reconstruction (partial, total and revision knee replacement)



Mr Tarun Taneja MS (Orth), FRCS (Tr and Orth), MCh (Univ. Edinburgh), Fellow-European Board of Orthopaedics, Dip Sports Med (Int. Olympic Comm.)
Consultant Orthopaedic Knee Surgeon, Hon. Clinical Senior Lecturer, Queen Mary University

Main NHS base: Homerton University Hospital NHS Foundation Trust

Clinical interests: Sports knee injuries, ACL reconstruction, Meniscal repair, Knee replacement surgery for arthritis, Patellar dislocation, Surgical treatment of complex fractures

ORTHOPAEDICS - SHOULDER



Mr Rupen Dattani BSc (Hons), MB BCh, MRCS, MD, FRCS (Tr & Orth) Consultant Orthopaedic Surgeon

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Shoulder arthroscopy, Rotator cuff repair, Shoulder instability, Subacromial impingement, Frozen shoulder, Hydrodistension, Shoulder fracture, Clavicle fracture, PRP treatment



Mr Peter Domos MD, MRCS, FRCS (Tr & Orth)

Consultant Trauma and Orthopaedic Surgeon (Shoulder and Elbow Subspecialist)

Main NHS base: Royal Free London NHS Foundation Trust (Barnet and Chase Farm Hospitals)

Clinical interests: Full shoulder and elbow services for degenerative disorders, sport injuries and complex trauma, Arthroscopy (keyhole surgery), Open joint reconstruction and Joint replacement

ORTHOPAEDICS - SHOULDER (CONT)



Mr Omar Haddo MBBS, BSc, FRCS (Orth)
Consultant Orthopaedic Surgeon (Shoulder, Elbow, Hand and Wrist)

Main NHS base: Whittington Health NHS Trust

Clinical interests: Frozen shoulder, Rotator cuff repair, Shoulder arthritis/replacements, Shoulder arthroscopy, Shoulder impingement, Shoulder instability/dislocation



Mr Amer Khan BSc (Hons), MBBS, FRCS, FRCS Ed (Tr & Orth) Consultant Orthopaedic and Sports Surgeon

Main NHS base: Private practice

Clinical interests: Shoulder arthroscopy, Frozen shoulder, Impingement, Calcific tendonitis, Rotator cuff repair, Instability, Dislocation, Biceps pathology, Shockwave therapy, PRP injections



Mr Dimitrios Tsekes FRCS (Orth), FEBOT, MSc Consultant Orthopaedic Surgeon (Shoulder and Elbow)

Main NHS base: Basildon and Thurrock University Hospital NHS Foundation Trust

Clinical interests: Shoulder surgery/replacements/arthroscopy, Shoulder arthritis, Shoulder sports injuries, Biceps injury, Frozen shoulder, Subacromial impingement, Rotator cuff tear, Shoulder dislocation, Shoulder/clavicle fracture

PAIN MANAGEMENT



Dr Basil Almahdi MB ChB, FRCA, FFPMRCA Consultant in Pain Management and Anaesthesia

Main NHS base: Whittington Health NHS Trust

Clinical interests: Spinal degenerative disease, Chronic pain syndromes, Neuromodulation, Spinal cord stimulation, Nerve root pain, Neuropathic pain, Fibromyalgia and Medical cannabis



Dr Joseph Azzopardi MD, FRCA, FFPMANZCA, FFPMRCA Consultant in Pain Medicine and Anaesthesia

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Interventional pain management, Degenerative spine disease, Headache/Migraine, Facial/Neuropathic/Post-surgical pain, Complex regional pain syndrome, Neuromodulation, Cancer pain management/symptom control, Anaesthesia



Dr Roman Cregg MBBS (Hons), FRCA, FFPMRCA, PhD (UCL) Consultant in Pain Medicine and Anaesthesia

Main NHS base: University College London Hospitals NHS Foundation Trust

Clinical interests: Musculoskeletal medicine, Spinal pain, Second opinion, Complex unexplained pain conditions, Personalised medicine, Medicolegal work



Dr Arif Ghazi BSc, MBBS, FCARCSI, FIPP Consultant in Pain Medicine and Anaesthetics

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Chronic back pain, Musculoskeletal pain including sports injuries, Headaches, Whiplash injuries, Facial pain, Neuropathy, Abdominal pelvic visceral pain, Cancer pain



Dr Patrick McGowan LMSSA, MB ChB, DA (UK), FRCA, FIPP Consultant in Pain Medicine

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Pain management, Back pain, Neuropathic pain, Cancer pain, Head and neck pain, Anaesthetics, Musculoskeletal pain, Post-trauma pain, Pain in the elderly

PLASTIC AND COSMETIC SURGERY



Mr Rana Das-Gupta MBBS (Lon), FRCS (Eng), EurDipPlast Consultant Plastic Surgeon

Main NHS base: University Hospitals Coventry and Warwickshire NHS Trust

Clinical interests: Cosmetic surgery, Breast reconstruction, Breast augmentation, Mastopexy, Blepharoplasty, Rhinoplasty, Facelift, Neck lift, Liposuction, Abdominoplasty/Tummy tucks, Thigh and arm reduction



Dr Anna De Leo European Board of Plastic Reconstructive and Aesthetic Surgery Consultant in Plastic Reconstructive Aesthetic Surgery

Main NHS base: Private practice

Clinical interests: Blepharoplasty, Breast augmentation, reduction or uplift, Face, eyebrow or neck lift, Facial rejuvenation with injectables, Lip augmentation, Liposuction, Tummy tuck



Mr Maisam Fazel MA (Cantab), MB BChir, MSEd, FRCS Consultant Plastic and Reconstructive Surgeon

Main NHS base: Private practice

Clinical interests: Oncoplastic and reconstructive surgery: Breast (augmentation, uplift, reduction, implant removal with en bloc capsulectomy, reconstruction), Abdominoplasty, Liposuction, Mummy makeover, Gynaecomastia, Male cosmetic surgery



Mr David Floyd MA, MB BChir, MSc, FRCS, FRCS (Plast) Consultant Plastic and Reconstructive Surgeon

Main NHS base: Private practice

Clinical interests: Cosmetic and reconstructive surgery to the breasts and abdomen, Removal of breasts implants with en bloc capsulectomy, Rhinoplasty, Contouring surgery following weight loss, Hand surgery



Mr Riccardo Frati MD Consultant Plastic Surgeon

Main NHS base: Private practice

Clinical interests: Breast augmentation, Mastopexy, Abdominoplasty, Rhinoplasty, Face lift, Blepharoplasty, Brow lift, Male chest reduction, Otoplasty



Mr Shadi Ghali MBBS, BSc, MD, FRCS (Plast) Consultant Plastic and Reconstructive Surgeon

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Cosmetic and reconstructive breast surgery, Cosmetic facial surgery, Skin cancer, Abdominal wall reconstruction, Body contouring surgery

PLASTIC AND COSMETIC SURGERY (CONT)



Dr Grant Hamlet MB ChB Consultant Plastic Surgeon

For full details of our consultants and specialists, please visit highgatehospital.co.uk/consultants

Main NHS base: Private practice

Clinical interests: Vaser liposculpture, Body contouring



Prof. Abhilash Jain MBBS, MRCS (Eng), MSc, PhD, FRCS (Plast) Associate Professor of Plastic, Reconstructive and Hand Surgery

Main NHS base: Imperial College Healthcare NHS Trust

 $\textbf{Clinical interests:} \ \textbf{Skin lesions, Hand surgery, Lower limb surgery, Reconstruction,} \\$

Cosmetic surgery



Dr Andrea Marando MD, Ebopras, Certification in Cosmetic Surgery of the RCS Consultant Plastic Surgeon

· ·

Main NHS base: Private practice

Clinical interests: Facial rejuvenation, Breast surgery, Body contouring



Mr Will Sarakbi LMSSA (Lon), LRCS (Eng), FRCS (Eng), MS Consultant Oncoplastic Breast Surgeon

Main NHS base: Croydon Health Services NHS Trust

Main NHS base: Croydon Health Services NHS Trust

Clinical interests: Cosmetic breast surgery including: Breast augmentation, Breast reduction

and Uplift procedures



Mr Nilesh Sojitra BSc, MB ChB, MSc, MRCS (Ed), FRCS Ed (Plast)

Consultant Plastic Surgeon

Main NHS base: Royal Free London NHS Foundation Trust (Royal Free Hospital)

Clinical interests: Breast, nose and facial surgery, Male chest reduction, Labia, Body

contouring, Breast reconstruction



Mr Mark Solomos FRCS. CCST. EBOPRAS

Consultant Plastic Surgeon

Main NHS base: Private practice

Clinical interests: Breast surgery, Body contouring, Liposuction, Tummy tuck, Arm/Thigh lift, Male chest reduction, Vaginal surgery, Face/Brow/Neck lift, Eyelid surgery, Ear/Nose reshaping

PODIATRY SURGERY



Mr Scott Corthine MA, MBAcC Consultant Podiatric Surgeon

Main NHS base: Private practice

Clinical interests: Foot surgery, Dance/Sports medicine, Bunions, Hallux valgus (bunions)/rigidus, Hammer/Claw toes, Neuroma, Plantar fasciitis, Arthritis/Skin

conditions of the feet, Ingrown toenails



Mr Stephen Kriss MPhil, FCPodS Consultant Podiatric Surgeon

3...

Main NHS base: Private practice

Clinical interests: Foot surgery, Rheumatoid foot surgery, Bunion correction, Digital deformity, Nerve entrapment, Heel pain, Arthritis, Neuroma surgery, Metatarsalgia, Hallux

valgus, Biomechanics

PSYCHOLOGY



Dr Joanne Stuart BSc (Hons), DClinPsy, CPsychol

Clinical Psychologist

Main NHS base: Private practice

Clinical interests: Treatment of all anxiety disorders, depression, OCD, eating disorders,

health anxiety and stress using a variety of methods, including CBT

RADIOLOGY



Dr Ashok Adams MBBS, BSc (Hons), MRCP, ESHNRDip, FRCR

Consultant Radiologist

Main NHS base: Barts Health NHS Trust (The Royal London Hospital)

Clinical interests: Diagnostic CT and MR neuroimaging, CT and MR imaging of head and neck, Ultrasound neck examinations including core biopsy, fine needle aspirations and sialography



Dr Imran Anwar MBBS, MRCSEd, MSc, FRCR

Consultant Radiologist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet Hospital)

Clinical interests: Musculoskeletal imaging



Dr Syed Babar MBBS, MCPS, FCPS, DMRD, FRCR

Consultant Radiologist

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Musculoskeletal, orthopaedic, sports, gynaecological and oncology imaging



Dr Sajid Butt MBBS, FRCR

Consultant Radiologist

Main NHS base: Royal National Orthopaedic Hospital NHS Trust

Clinical interests: Musculoskeletal radiology, Sports imaging, Spinal imaging, Orthopaedic

and spinal intervention



Dr Ranjana Chaudhuri MA, MB BChir, FRCR

Consultant Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Musculoskeletal, neurological and gynaecological imaging

RADIOLOGY (CONT)



Dr Paras Dalal BSc (Hons), MBBS, MRCP, FRCR Consultant Radiologist

For full details of our consultants and specialists, please visit highgatehospital.co.uk/consultants

Main NHS base: Royal Brompton and Harefield NHS Foundation Trust

Clinical interests: Cardiac, Thoracic, Oncology intensive care, Transplant and general imaging, Lung tumour ablation (comprehensive assessment/procedure/aftercare)



Dr Indran Davagnanam MB BCh BAO, BMedSci, FRCR Consultant Neuroradiologist

Main NHS base: University College London Hospitals NHS Foundation Trust (National Hospital for Neurology and Neurosurgery)

Clinical interests: Neuroimaging of the brain, orbits, nerves and spine in neurological disease, Imaging in stroke, headache, back pain and sciatica, Intracranial arterial and venous diseases



Dr Anastasia Fotiadou MD, PhD

Consultant Radiologist

Main NHS base: Royal National Orthopaedic Hospital NHS Trust

Clinical interests: Musculoskeletal imaging and intervention including injections, aspirations, arthrograms and biopsies



 $\label{eq:def:Dr} \textbf{Narayan Karunanithy} \ \ \texttt{MBBS} \ (\texttt{Hons}), \ \texttt{MRCS}, \ \texttt{FRCR}, \ \texttt{FCIRSE}$

Consultant Radiologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Musculoskeletal imaging, General radiology, Interventional radiology, Vascular imaging



Dr Robert Katz MA (Oxon), MBBS, MRCP, FRCR

Consultant Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Radiology, Musculoskeletal, orthopaedic, sports and abdominal imaging



Dr Jeevan Kumaradevan MB ChB, MRCP, FRCR, CCST

Consultant Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Ultrasound carotid duplex, Abdomen (liver, gallbladder, kidney,

bladder, aorta), Male pelvis, DVTs, Lumps



Dr Adam Mitchell MBBS, FRCS, FRCR

Consultant Radiologist

Main NHS base: Private practice

Clinical interests: Musculoskeletal radiology



Dr Diane Murray BMedSci, BMBS, MRCP, FRCR

Consultant GI Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Gastrointestinal and pelvic imaging



Dr Nick Owen FRCS. FRCR

Consultant Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Ultrasound: General abdominal, Bowel, Small parts and groin (hernia), DVT



Dr Robert Pearce MA, MBBS, MRCP, FRCR

Consultant Radiologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Musculoskeletal imaging



Dr Hammad Ahmad Siddiqi FRCR

Consultant Radiologist

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinical interests: Musculoskeletal imaging



Dr Michael Steward BSc (Hons), MB ChB, MRCP, FRCR

Consultant GI Radiologist

Main NHS base: Whittington Health NHS Trust

Clinical interests: Gastrointestinal (including CT colonography), Pelvic floor, Cross-sectional

radiology, Ultrasound



Dr Sujit Vaidya MBBS, MD

Consultant Radiologist

Main NHS base: Barts Health NHS Trust

Clinical interests: Musculoskeletal imaging, MRI, CT and spine imaging



Dr Sheida Vessal MBBS. BSc. MRCP. FRCR

Consultant Radiologist

Main NHS base: Royal Free London NHS Foundation Trust (Barnet Hospital)

Clinical interests: Gastrointestinal and gynaecological imaging, Pelvic floor imaging, General and oncology imaging, Endoscopic ultrasound



Dr Thomas Wilhelm MD, FRCR

Consultant Neuroradiologist

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Diagnostic neuroradiology - Clinical radiology with special interest in

neuroinflammatory and neuro-ophthalmological diseases

RESPIRATORY MEDICINE



Dr Dean Creer MB ChB, FRCP Consultant Respiratory and General Physician

Main NHS base: Royal Free London NHS Foundation Trust

Clinical interests: Chest infections including tuberculosis and bronchiectasis, Lung nodules and lung cancer screening, Asthma and COPD, Unexplained breathlessness and Chronic cough



Dr Ugo Ekeowa BSc, MBBS, MRCP, PhD Consultant in General and Respiratory Medicine

Main NHS base: The Princess Alexandra Hospital NHS Trust

Clinical interests: Lung cancer, Asthma, Bronchitis, COPD, Emphysema, Chest infection, Pneumonia, Bronchiectasis, Allergy, Sarcoidosis, Pulmonary fibrosis/embolism, Tuberculosis, Pneumothorax, Sleep apnoea

RHEUMATOLOGY



Dr Aneela Mian MBBS, FRCP (Rheum), MSc Consultant Rheumatologist

Main NHS base: King's College Hospital NHS Foundation Trust

Clinical interests: Inflammatory arthritis and spondyloarthropathy, Osteoarthritis, lupus and other connective tissue disorders, Vasculitis, Osteoporosis, Fibromyalgia, Hypermobility



Dr Nurhan Sutcliffe MD, FRCP

Consultant Rheumatologist

Main NHS base: Barts Health NHS Trust

Clinical interests: Sjögren's syndrome, Gout, Systemic Lupus Erythematosus (SLE), Inflammatory arthritis, Rheumatoid arthritis, Rheumatological conditions

SPORTS MEDICINE AND SPORTS INJURIES



Dr James Thing MBBS, BSc, MRCGP, FFSEM Consultant in Musculoskeletal, Sport and Exercise Medicine

Main NHS base: Barts Health NHS Trust (The Royal London Hospital)

Clinical interests: Diagnostic ultrasound, Ultrasound-guided injections, Frozen shoulder, Achilles/Patellar tendon, Plantar fasciitis, Tennis Elbow, Hand/Wrist injury, Hip/Knee arthritis

UROLOGY



Mr Sudhanshu Chitale MBBS, MS (Gen Surg), FICS, FRCS (Eng), Diploma Urol (Lon),

DNB (Urol), FEBU, FRCS (Urol), FAcadMEd Consultant Urological Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Andrology (male sexual dysfunction) and male infertility, Prostate disease, Genitoscrotal conditions, Phimosis, Peyronie's disease, Minimally invasive treatments, Haematuria, Bladder/Testicular/Penile cancer



Mr Paul Erotocritou MBBS, BSc, MSc, MRCS, FRCS (Urol) Eng

Consultant Urological Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Adult general urology, Endourology, Stones



Mr George Fowlis BSc (Hons) Yale, FRCS (Eng), MD, FRCS (Urol), FEBU

Consultant Urological Surgeon

Main NHS base: Private practice

Clinical interests: Oncology with special interest in prostate, renal and testicular cancer,

Stones, Endourology



Mr Maneesh Ghei MBBS, MS (Gen Surg), MRCS, MD (UCL), FRCS (Urol)

Consultant Urological Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Endourology, Stones, Prostate and bladder problems, Renal cancer,

Laparoscopy, Minimally invasive urology



Mr Barry Maraj MB ChB, FRCS, PhD, FRCS (Urol), DipLS

Consultant Urological Surgeon

Main NHS base: Whittington Health NHS Trust

Clinical interests: Minimally invasive surgery, Endourology, Laser treatment for prostate/kidney stones, Haematuria, Prostate disorders, PSA screening, Urine infections,

Impotence, Scroto-genital/Bladder complaints, Robotic surgery

VASCULAR SURGERY



Mr James Crinnion MB ChB, MD, FRCS

Consultant General and Vascular Surgeon

Main NHS base: Barts Health NHS Trust (The Royal London and Whipps Cross University Hospitals)

Clinical interests: General and vascular surgery, Varicose veins, Carotid, Aneurysm, Peripheral vascular disease, Laparoscopic cholecystectomy, Hernia, Lumps and bumps



Mr Shival Dindyal BSc (Hons), MBBS (Hons), MRCS (Edin), MRCS (Eng), FRCS (Eng),

MD (Res)

Consultant Vascular and Endovascular Surgeon

Main NHS base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinical interests: Varicose veins, Endovenous surgery



Mr Syed Tahir Hussain MB, FRCS (Eng), MS (Lon)

Consultant General and Vascular Surgeon

Main NHS base: London North West University Healthcare NHS Trust (Northwick Park Hospital)

Clinical interests: All vascular surgery including endovenous laser surgery for varicose veins, All hernia surgery, Skin lesions

Index of consultants

AUDIOLOGY	
Mrs Loren Loeb Audiologist	28
Mrs Natalie Shnieder Clinical Audiologist and Hearing Aid Dispenser	28
CARDIOLOGY	
Dr Rajiv Amersey Consultant Cardiologist	28
Dr Richard Andrew Archbold Consultant Cardiologist	28
Dr Graham Cole Consultant Cardiologist	28
Dr Oliver Guttmann Consultant Cardiologist	28
Dr Tim Lockie Consultant Cardiologist	29
Dr Sayan Sen Consultant Cardiologist	29
Dr Afzal Sohaib Consultant Cardiologist	29
DERMATOLOGY	
Dr Ben Esdaile Consultant Dermatologist	29
Dr Thivi Maruthappu Consultant Dermatologist	29
Dr Catherine Orteu Consultant Dermatologist	30
Dr Anshoo Sahota Consultant Dermatologist	30
Dr Rachel Sidwell Consultant Dermatologist	30
Dr Kathy Taghipour Consultant Dermatologist	30
EAR, NOSE AND THROAT	
Mr Ha Chau Consultant Ear, Nose and Throat (ENT) Surgeon	30
Mr Robert Nash Consultant Ear, Nose and Throat (ENT) Surgeon	30
Mr Ravinder Natt Consultant Ear, Nose and Throat (ENT) Surgeon	30
Mr Premjit Randhawa Consultant Ear, Nose and Throat (ENT) Surgeon	31
Mr Paul Stimpson Consultant Ear, Nose and Throat (ENT) Head and Neck Surgeon	31
Mr Ananth Vijendren Consultant Ear, Nose and Throat (ENT) Surgeon	31
ENDOCRINOLOGY	
Dr Michela Rossi Consultant Endocrinologist	31

GASTROENTEROLOGY	
Dr Akeel Alisa Consultant Gastroenterologist and Hepatologist	31
Dr Lakshmana Ayaru Consultant Gastroenterologist	31
Dr Kalpesh Besherdas Consultant Gastroenterologist	31
Dr Anthony Lerman Consultant Gastroenterologist and Physician	32
Dr Aymer Postgate Consultant Gastroenterologist	32
Dr Deepak Suri Consultant Gastroenterologist and Hepatologist	32
Dr Kwok Tang Consultant Gastroenterologist and Hepatologist	32
Dr Voi Shim Wong Consultant Gastroenterologist and Hepatologist	32
GENERAL PRACTICE	
Dr Sanchita Sen General Practitioner	32
Dr Rajiv Subbu General Practitioner	32
Dr Sharezad Tang General Practitioner	33
GENERAL AND COLORECTAL SURGERY	
Mrs Sara Badvie Consultant Laparoscopic, General and Colorectal Surgeon	33
Mr Chetan Bhan Consultant General and Colorectal Surgeon	33
Mr James Crinnion Consultant General and Vascular Surgeon	33
Mr James Crosbie Consultant Colorectal Surgeon	33
Mr Shival Dindyal Consultant General and Vascular Surgeon	33
Mr Panagiotis Drymousis Consultant General and Emergency Surgeon	33
Prof. Nadey Hakim Consultant General Surgeon	34
Mr Syed Tahir Hussain Consultant General and Vascular Surgeon	34
Mr Nicholas Marshall Consultant Upper GI and Laparoscopic Surgeon	34
Mr Hasan Mukhtar Consultant General and Colorectal Surgeon	34
Mr Austin Obichere Consultant General and Colorectal Surgeon	34
Miss Laura Spanu Consultant General Surgeon	34
Mr Niteen Tapuria Consultant in Hepatopancreatobiliary and General Surgery	34
Mr Stephen Warren Consultant General, Colorectal and Laparoscopic Surgeon	35
GERIATRIC MEDICINE	
Dr Daniel Epstein Consultant Physician and Geriatrician	35
Dr. Com Qurechi Consultant Dhysiaian and Coriatriaian	7F

GYNAECOLOGY	
Miss Shohreh Beski Consultant Obstetrician and Gynaecologist	35
Ms Veronica Djapardy Consultant Obstetrician and Gynaecologist	35
Miss Moneli Golara Consultant Gynaecologist	35
Miss Fani Kokka Consultant Gynaecologist and Subspecialist in Gynaecological Oncology	35
Mr Gidon Lieberman Consultant Gynaecologist and Subspecialist in Reproductive Medicine and Surgery	, 36
Mr Adam Rosenthal Consultant Gynaecologist	36
Mr Luca Sabatini Consultant Obstetrician and Gynaecologist	36
NEUROLOGY	
Prof. Jeremy Chataway Consultant Neurologist	36
Dr Dominic Mort Consultant Neurologist	36
NEUROPHYSIOLOGY	
Dr Thomas Alexander Tidswell Consultant Clinical Neurophysiologist	36
NEUROSURGERY	
Miss Mary Murphy Consultant Neurosurgeon	37
Mr John Yeh Consultant Neurosurgeon and Spinal Surgeon	37
OPHTHALMOLOGY	
Mr Konal Saha Consultant Ophthalmologist and Oculoplastic Surgeon	37
ORAL AND MAXILLOFACIAL SURGERY	
Mr Deepak Komath Consultant Oral and Maxillofacial Surgeon	37
ORTHOPAEDICS - BACK AND SPINAL	
Mr Mohamed Ahmed Consultant Orthopaedic Spinal Surgeon	37
Mr Rajiv Bajekal Consultant Orthopaedic Surgeon	37
Mr Nitin Shetty Consultant Orthopaedic Spinal Surgeon	38
ORTHOPAEDICS - ELBOW, HAND AND WRIST	
Mr Matay Arsan Consultant Orthopaedic Surgeon (Hand, Wrist and Elbow)	38
Mr Oreste Basso Consultant Orthopaedic Surgeon (Hand, Wrist and Upper Limb)	38
Mr Rupen Dattani Consultant Orthopaedic Surgeon	38
Mr Peter Domos Consultant Trauma and Orthopaedic Surgeon (Shoulder and Elbow Subspecialist)	38

Mr Omar Haddo Consultant Orthopaedic Surgeon	38
Mr Dimitrios Tsekes Consultant Orthopaedic Surgeon (Shoulder and Elbow)	38
ORTHOPAEDICS - FOOT AND ANKLE	
Mr Suresh Chandrashekar Consultant Orthopaedic Foot and Ankle Surgeon	39
Mr Charalambos Charalambides Consultant Orthopaedic Surgeon	39
Mr Pinak Ray Consultant Orthopaedic Surgeon	39
Mr Muhammad Shahid Consultant Orthopaedic Surgeon	39
ORTHOPAEDICS - HIP	
Mr Henry Atkinson Consultant Orthopaedic Surgeon	39
Mr Matthew Hearth Consultant Orthopaedic Surgeon	39
Mr Parag Jaiswal Consultant Orthopaedic Surgeon	39
Mr Reza Jenabzadeh Trauma and Orthopaedic Consultant	40
Mr Simon Mellor Consultant Orthopaedic Surgeon	40
Mr Harold Nwaboku Consultant Orthopaedic Surgeon	40
Mr Joyti Saksena Consultant Hip, Knee and Sports Surgeon Specialist	40
ORTHOPAEDICS - KNEE	
Mr Matthew Hearth Consultant Orthopaedic Surgeon	40
Mr Parag Jaiswal Consultant Orthopaedic Surgeon	40
Mr Reza Jenabzadeh Trauma and Orthopaedic Consultant	40
Mr Amer Khan Consultant Orthopaedic and Sports Surgeon	41
Mr Simon Mellor Consultant Orthopaedic Surgeon	41
Mr Harold Nwaboku Consultant Orthopaedic Surgeon	41
Mr Joyti Saksena Consultant Hip, Knee and Sports Surgeon Specialist	41
Mr Tarun Taneja Consultant Orthopaedic Knee Surgeon, Hon. Clinical Senior Lecturer, Queen Mary University	41
ORTHOPAEDICS - SHOULDER	
Mr Rupen Dattani Consultant Orthopaedic Surgeon	41
Mr Peter Domos Consultant Trauma and Orthopaedic Surgeon (Shoulder and Elbow Subspecialist)	41
Mr Omar Haddo Consultant Orthopaedic Surgeon (Shoulder, Elbow, Hand and Wrist)	42
Mr Amer Khan Consultant Orthopaedic and Sports Surgeon	42
Mr Dimitrios Teakas Consultant Orthonaedic Surgeon (Shoulder and Elhow)	12

PAIN MANAGEMENT	
Dr Basil Almahdi Consultant in Pain Management and Anaesthesia	42
Dr Joseph Azzopardi Consultant in Pain Medicine and Anaesthesia	42
Dr Roman Cregg Consultant in Pain Medicine and Anaesthesia	42
Dr Arif Ghazi Consultant in Pain Medicine and Anaesthetics	42
Dr Patrick McGowan Consultant in Pain Medicine	43
PLASTIC AND COSMETIC SURGERY	
Mr Rana Das-Gupta Consultant Plastic Surgeon	43
Dr Anna De Leo Consultant in Plastic Reconstructive Aesthetic Surgery	43
Mr Maisam Fazel Consultant Plastic and Reconstructive Surgeon	43
Mr David Floyd Consultant Plastic and Reconstructive Surgeon	43
Mr Riccardo Frati Consultant Plastic Surgeon	43
Mr Shadi Ghali Consultant Plastic and Reconstructive Surgeon	43
Dr Grant Hamlet Consultant Plastic Surgeon	44
Prof. Abhilash Jain Associate Professor of Plastic, Reconstructive and Hand Surgery	44
Dr Andrea Marando Consultant Plastic Surgeon	44
Mr Will Sarakbi Consultant Oncoplastic Breast Surgeon	44
Mr Nilesh Sojitra Consultant Plastic Surgeon	44
Mr Mark Solomos Consultant Plastic Surgeon	44
PODIATRY SURGERY	
Mr Scott Corthine Consultant Podiatric Surgeon	44
Mr Stephen Kriss Consultant Podiatric Surgeon	45
PSYCHOLOGY	
Dr Joanne Stuart Clinical Psychologist	45
RADIOLOGY	
Dr Ashok Adams Consultant Radiologist	45
Dr Imran Anwar Consultant Radiologist	45
Dr Syed Babar Consultant Radiologist	45
Dr Sajid Butt Consultant Radiologist	45
Dr Ranjana Chaudhuri Consultant Radiologist	45
Dr Paras Dalal Consultant Radiologist	46
Dr Indran Davagnanam Consultant Neuroradiologist	46

Dr Anastasia Fotiadou Consultant Radiologist	46
Dr Narayan Karunanithy Consultant Radiologist	46
Dr Robert Katz Consultant Radiologist	46
Dr Jeevan Kumaradevan Consultant Radiologist	46
Dr Adam Mitchell Consultant Radiologist	46
Dr Diane Murray Consultant Gl Radiologist	47
Dr Nick Owen Consultant Radiologist	47
Dr Robert Pearce Consultant Radiologist	47
Dr Hammad Ahmad Siddiqi Consultant Radiologist	47
Dr Michael Steward Consultant GI Radiologist	47
Dr Sujit Vaidya Consultant Radiologist	47
Dr Sheida Vessal Consultant Radiologist	47
Dr Thomas Wilhelm Consultant Neuroradiologist	47
RESPIRATORY MEDICINE	
Dr Dean Creer Consultant Respiratory and General Physician	48
Dr Ugo Ekeowa Consultant in General and Respiratory Medicine	48
RHEUMATOLOGY	
Dr Aneela Mian Consultant Rheumatologist	48
Dr Nurhan Sutcliffe Consultant Rheumatologist	48
SPORTS MEDICINE AND SPORTS INJURIES	
Dr James Thing Consultant in Musculoskeletal, Sport and Exercise Medicine	48
UROLOGY	
Mr Sudhanshu Chitale Consultant Urological Surgeon	48
Mr Paul Erotocritou Consultant Urological Surgeon	49
Mr George Fowlis Consultant Urological Surgeon	49
Mr Maneesh Ghei Consultant Urological Surgeon	49
Mr Barry Maraj Consultant Urological Surgeon	49
VASCULAR SURGERY	
Mr James Crinnion Consultant General and Vascular Surgeon	49
Mr Shival Dindyal Consultant Vascular and Endovascular Surgeon	49
Mr Syed Tahir Hussain Consultant General and Vascular Surgeon	49



Highgate Private Hospital 17-19 View Road, Highgate London N6 4DJ

O2O 8341 4182 enquiries@highgatehospital.co.uk highgatehospital.co.uk

A Division of Aspen Healthcare Ltd.

Centurion House, 37 Jewry Street London EC3N 2ER

Registration No. 03471084 ©Aspen Healthcare Ltd 2021