**PATIENT PREPARATION FOR HAVING AN ULTRASOUND**

**Please arrive 15 minutes before your appointment**

Unfortunately we do not have childcare facilities at Highgate Hospital and your child will not be permitted into the scanning room.

**Pelvic Ultrasound Scans**

The duration of the scan is 15-20 minutes; verbal consent is required to carry out the scan.

***Preparation:***

You may eat normally prior but you must drink at least one litre of water one hour before your appointment. Do not empty your bladder before the scan. If you do not have a full bladder it may not be possible to have the scan.

**Pelvic Transvaginal Ultrasound Scans**

The duration of the scan is 15-20 minutes; verbal and written consent is required to carry out the scan.

***Preparation:***

The ideal time to have this scan is two weeks following your menstrual period. You may wish to change your appointment to ensure you are not having a period on the date of the scan. You do not need a full bladder if you are only having an internal examination.

**Pelvic and Abdominal Ultrasound Scans**

The duration of the scan is 20-30 minutes; verbal consent is required to carry out the scan.

***Preparation:***

Do not have anything to eat six hours prior to your appointment please only drink water.

If you are diabetic you must check with your GP if you need to change your medication due to fasting. One hour before your appointment you must drink at least one litre of water. Do not empty your bladder before the scan. If you do not have a full bladder it may not be possible to have the scan.

**Abdominal Ultrasound Scans**

The duration of this scan is 15-20 minutes; verbal consent is required to carry out the scan.

***Preparation:***

Do not have anything to eat four hours prior to your appointment please only drink water.

If you are diabetic you must check with your GP if you need to change your medication due to fasting.

**Urinary Tract, Renal or Bladder Ultrasound Scans**

The duration of this this scan is 20-30 minutes; verbal consent is required to carry out the scan.

***Preparation:***

You must drink one litre of water one hour before your scan. Do not empty your bladder before the scan. If you do not have a full bladder it may not be possible to have the scan.